

## Week 2 schedule - Use hurdle track as second sprint track

8.45am	Event 1	Event 2	Event 3	Event 4	Event 5
U6B	Long Jump (mat)	70m	Discus (350g)	200m (pack)	100m
U6G	100m	Long Jump (mat)	70m	200m (pack)	Discus (350g)
U7B	70m	200m	Shot (1kg)	Vortex	100m
U7G	200m	Shot (1kg)	100m	70m	Vortex
U8B	Discus (500g)	100m	Long Jump (mat)	70m	400m (pack)
U8G	Discus (500g)	70m	400m (pack)	Long Jump (mat)	100m
U9B	Shot (2kg)	700m walk	Long Jump (1/2 mat)	100m	200m
U9G	700m walk	200m	Shot (2kg)	100m	Long Jump (1/2 mat)
10.00am	Event 1	Event 2	Event 3	Event 4	Event 5
U10B	1100m walk	100m	Turbo Jav	400m	Long Jump (1/2 mat)
U10G	1100m walk	400m	Long Jump (1/2 mat)	100m	Turbo Jav
U11B	1100m walk	High Jump	400m	100m	Javelin (400g)
U11G	1100m walk	Javelin (400g)	100m	400m	High Jump
U12B	High Jump	200m	Shot (2kg)	800m	100m
U12G	Shot (2kg)	200m	High	800m	100m
U13B	100m	Shot (3kg)	800m	Triple Jump	200mH (68cm)
U13G	100m	Shot (3kg)	800m	Triple Jump	200mH (68cm)
U14B	Long Jump	800m	Discus (1kg)	100m	200mH (68cm)
U14G	Long Jump	800m	100m	Discus 1kg	200mH (68cm)
U15-U17B	Discus (1/1.5)	800m	Long Jump	100m	200mH (76cm)
U15-U17G	100m	Discus (1kg)	800m	Long Jump	200mH (76cm)
18+ and Community	100m	Long Jump	800m	Discus	200m